

ROOTED COMMUNITY FOOD IMPACT REPORT 2024

OUR IMPACT

VOLUNTEERS, HOW HAVE YOU MADE A DIFFERENCE?

86%
EXPERIENCED
INCREASED
HAPPINESS &
WELL-BEING

Growing food for people in my local community who are in need. Meeting people who would otherwise be isolated.

81%
MADE NEW
FRIENDS &
CONNECTIONS

Being part of the team, physically helping others and making new members feel welcome, weighing produce and delivering



76%
LEARNED NEW
SKILLS

72%
EXPERIENCED
IMPROVED
PHYSICAL HEALTH

No dig!
Planting, pruning,
transplanting
Building poly tunnels
Making compost
Companion planting
Timing crops
Crochet

111
COMMUNITY GROWING SESSIONS

519
ATTENDEE SPACES FILLED

1038
COMMUNITY GROWING HOURS

2 tonnes
SUPER-NUTRITIOUS FOOD DONATED
TO 5 COMMUNITY FRIDGES

ROOTED COMMUNITY FOOD IMPACT REPORT 2024



OUR VOLUNTEERS HAVE THEIR SAY...

WHAT HAVE YOU MOST ENJOYED?

I didn't know how to grow any vegetables until I joined. I also feel part of something useful and it makes me feel useful too.

Meeting like-minded people, making friends, learning new skills

At Rooted everyone is made to feel welcome regardless of how much time they are able to give. They have become my extended family and I am very grateful to have found them.

Everyone I have met has been lovely and it's been brilliant to learn new stuff. Also the actual site is so restful and peaceful.

Making lifelong friends who are on the same wavelength and enjoy growing

ANY AREAS WE CAN IMPROVE?



Communicate plans better.
A wish that funding was easier to secure.
No, because we are improving and learning all the time!
Not really - it's a life-enhancing project.

ROOTED COMMUNITY FOOD IMPACT REPORT 2024

WHAT WE ACHIEVED IN 2024

BUILT OUR
OUTDOOR KITCHEN



100 PEOPLE CAME TO
OUR SPRING EQUINOX
OPEN DAY



SHOT THE ROOTED SHORT
FILM FOR EASTBOURNE
FOOD SUMMIT



COLLABORATED
WITH DEVONSHIRE
COLLECT GROW EVENT



NOMINATED AS
COOP GOOD CAUSE

EXTENDED OUR
MAIN GROWING PLOT



SECOND LETTER
OF SUPPORT FROM
OUR MP

VOLUNTEER-LED
STEERING GROUP
SET UP



SET UP SUMMER
CRAFTING SESSIONS



ACQUIRED FUNDING
FOR WEBSITE

2024 PARTICIPANT SURVEY
SENT TO ALL PROJECT PARTICIPANTS
21 RESPONDED

COMPILED
BY SALLY LEE
MARCH 2025

